

EMMY MONASH

The power of volunteering

In the heart of Caulfield North, Emmy Monash is more than just an aged care provider – it's a warm, welcoming community where volunteers and residents form genuine connections.

Volunteering here isn't just about giving time; it's about sharing stories, laughter and creating moments that matter. Whether it's a chat over tea, a spirited word game or a community outing, volunteers bring energy and companionship that brighten residents' days.

Hayley Krongold has been part of the Emmy family for over seven years, offering residents support and kindness in a way that feels natural and heartfelt. She chats, plays games, helps them connect with their grandchildren in Israel, takes them for walks and accompanies them to communal activities.

What drew Hayley to Emmy was missing the connection she had with her own grandparents. "Here at Emmy, I feel like I have 30 bubbas on my floor," she shares. "Seeing their reactions when they see me gives me a huge buzz. Knowing their individual needs and bringing them joy is incredibly fulfilling."

Hayley's dedication was recognised with a 2024 Caulfield Volunteer Award – the sole winner from more than 20



Hayley Krongold.

nominees in the Health and Welfare category, but for Hayley, the real reward is the friendships she's built along the

way, "I feel trusted and part of the team," she says.

Another vital volunteer role is being

an Emmy bus driver. Its valued drivers play an integral role in keeping residents connected to the world beyond its doors. They enable residents to continue enjoying the places and experiences that bring them joy – whether it's attending community events and school programs, exploring galleries, or simply taking a scenic drive to the beach for ice cream and a breath of fresh sea air. These outings spark conversation, laughter and new memories. Emmy Monash is always keen to hear from others who would like to take the wheel and help make a meaningful difference in the lives of the residents.

Volunteering at Emmy Monash opens doors to experiences you might never have had. No matter your skills or interests – music, cooking, storytelling or simply listening – there's a place for you. If you're looking to give back, connect with your community and be part of something truly special, Emmy Monash welcomes you. Come and experience the joy of giving, the warmth of real friendships and the satisfaction of making a difference.

To become a volunteer, phone 8508 9300 or visit www.emmymonash.asn.au

JNF VICTORIA

Don't take Israel for granted

In the face of unimaginable challenges and a rise in violent antisemitic attacks worldwide, ensuring the preservation of Israel has never been more important. Israeli communities continue to demonstrate remarkable courage and resilience.

For the past 120 years, the Jewish National Fund (JNF) has worked tirelessly to turn our Zionist dream into reality. You can be part of this enduring story of resilience by leaving a gift in your will – a promise for Israel's future. Your legacy can help rebuild, restore and inspire.

David Ben-Gurion, Israel's founding prime minister, once said, "JNF is an everlasting Jewish fund for the entire Jewish people. It lives and lasts not because of work well done in the past, but because of

the vital work in the present and even more importantly, because of the great and important tasks still awaiting in the future."

JNF invites you to join the active and engaging JNForever group, which fosters a sense of belonging among like-minded individuals in the Melbourne Jewish community. Their "Morning Tea and Insights" events, held every four to six weeks, provide seniors with opportunities to connect, interact and enjoy informative speakers.

Recently, JNF's Tu b'Shevat morning tea featured two inspiring speakers: Hila Fenlon, an Israeli farmer from the moshav Netiv Ha'asara on the Gaza border, and Tim Wainwright, an Australian volunteer firefighter who assists Israeli communities in preventing and fighting wildfires.

The upcoming JNForever event on April 1 at the Justin Art House Museum promises to be uplifting during these challenging times.

The Justin Art House Museum is an initiative of Charles and Leah Justin, passionate collectors of contemporary art. They enjoy sharing their collection and enthusiasm for art, architecture, design and food with the public, while fostering a sense of community

For the Justin Art House event, please note spaces are very limited, so please secure your spot by booking at jnf.org.au/events. For more information about JNForever events or to discuss leaving a gift for Israel in your will, please contact Sandra Sochen at 1300 563 563 for a confidential conversation.



From left: Hila Fenlon, JNF's planned giving manager Sandra Sochen and Timothy Wainwright.



Navigating next steps

Every aged care journey is personal.



Aged Care Pathways

Judy Fetter at Aged Care Pathways is committed to assisting you to understand and access the process of aged care services.

Let's start the conversation.

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